

Boys to Men



Today I decided to talk about men for a change because I chanced upon this few days back, it was the only meme which came to my notice indicating about the International

men's day of which I am completely and totally unaware of.



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Not a single Whatsapp forward.
Not any long essay about the men's
(father, son, brother, husband) life.
Not a single Facebook status, Instagram
post or Snapchat uploaded.

[#HappyInternationalMensDay](#) :)

This made me ponder deep inside hence I decided to write about men for a change, it is kind of belated but it's never too late to acknowledge ...

Why should I write about men?

It is very important for women to understand men and vice versa .In society especially in an Indian one gender sensitization is very rare, parenting especially conventional schools of thoughts do not put stress upon this aspect and they kind of take it for granted. I am not generalizing it but I can speak for a majority of them and I am glad times are changing now but now we need to stress on it more it is not just about marriage in every walk of life be it work, relations, society .I find a lot of gender insensitivity from both the genders to be fair but here we will talk of men now. Have you ever wondered why we have stalking, molestation, rape on the rise?

How do you think they commit such crimes so callously and still do not feel the gravity or the seriousness of the crime committed .That can be attributed to some psychological disorder in extreme cases and gender insensitivity in the milder ones .How cool is to stalk a woman /girl as shown in the movie, stare at her assets, pass

lewd comments, take her picture in an inappropriate manner ask her for nudes and pass it on in groups just for fun and to please perverse minds and give them a superficial power over the fairer sex .It is what they see and how they are conditioned ,which is very dangerous to say the least .

Intention is to create more awareness, make them gender sensitive from a very young age, bringing sex education to school curriculum, counselling therapies in educational institutions, corporates any organization for that matter which involves men and women to have interactions with one another .All of us have been aware of the #me too movement in India the skeletons which have tumbled down are ugly and dirty. Though it is seen in every field of work not just the entertainment industry but its more so in the entertainment industry because the general mentality of men that a woman who comes to the industry is of low morals and ready to do anything to get a role; the same mindset works for a normal girl wearing short dress or western attire .It is just not ignorance and gender insensitivity of the highest order but some of the directors are literally sexual predators and some even seem to be psychopaths .The social conditioning of men most of the time especially in our country make them a man-child or a grown up man with the mind of a boy .The journey to manhood is not easy, women make this transition better as they are the ones who bear the child .Every girl is a little woman but every man is still a little boy inside .WellI can speak for some of them at least . Men are urged to be tough right from their childhood- the reins of power are passed from the father to the son so is everything else.

So to ensure that they becomes strong enough to face challenges ,failures, deceits ,manipulations which they may face in the competitive world of earning livelihood, the father conditions him to be strong gives him the .boost of superiority which he thinks is needed by the son who will be a husband and father in the future. The question is : If they are weak how can you expect them to take care or give strength or stand by a woman be it their mother, sister ,daughter , wife or at least and most important stand up for himself .Quite fair ,no doubt but in this process a little sensitization can be of great help to him, in order to establish a good relation with the opposite sex that is females from outside his family .

Here I would like to speak from my own experience when I met my teacher in Kerala few years back who told me about her favorite male students -my seniors who were professionally successful with enviable CVs endorsed by different prestigious institutes esteemed international organizations ,corporates etc. their personal lives were. a cause of concern. More than 70 percent of them are divorced, some remarried again divorced .Some are on the verge of depression- dying inside. Hence how long could they focus on their profession when their personal life was in a mess? So the question was :is this the dream they had worked for?.

A woman is more designed to be adaptive and strong ,she can deal with sorrow and pain as she has a good mechanism of catharsis through being uninhibited in shedding tears, or taking recourse to melodrama and emotional outbursts. But for men it's very

difficult to vent their emotions; they are taught at a very young age that boys don't cry

So for all the men out there who fight silent battles and suffer in silence as it's not easy to make your place under the sun though most of you had the backing of the family through school, college knowledge and training to make you equipped for the same, please make some efforts to be aware of your behavior and attitude towards women who have even a harder battle to find a place in the sun. And all they want is parity not superiority.

So the men who support women, stand by them, encourage them, never demean them to satisfy their pseudo alpha male ego, demonstrate their strength and esteem and not weakness. It's not weak to cry, to be sensitive instead of exhibiting false machoism, falling apart inside while projecting a false image outside. It definitely doesn't make you a happy person.

So my tribute is for every man who stands as a pillar of strength, who fights silent battles, who gives respect to not only women of his family but to all other women, irrespective of class and creed, age, physical attributes, power or powerless, it does not matter. My tribute is to all those men who understand the responsibility that comes from power and position and to all those men who undergo sacrifices which they have to take to undertake to become from boys to men.

Purnima Mahesh

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